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Various Drugs Prescribed for Dementia
Dementia is a condition of decreased intellectual capabilities, which include memory, judgment, and abstract thinking. Personality changes also occur in persons affected by dementia. Alzheimer's disease is the most common type of dementia. An estimated 4.5 million Americans have Alzheimer's. Symptoms of the condition may also include hallucinations, delusional thoughts, and illusions.

Treatments for Alzheimer's are aimed at controlling symptoms associated with certain behaviors and emotions, and also reducing the progression of the condition. Medications that decrease anxiety, such as lorazepam (*Ativan*) and buspirone (*Buspar*), may be prescribed to help control behavioral and emotional symptoms. Antidepressants, such as sertraline (*Zoloft*) and citalopram (*Celexa*), may be prescribed for persons with depression that may worsen cognitive functioning in persons with Alzheimer's. Cholinesterase inhibitors work to decrease symptoms by affecting acetylcholine activity in the brain. By inhibiting the enzyme acetylcholinesterase, cholinesterase inhibitor medications, such as rivastigmine (*Exelon*) and donepezil (*Aricept*), may prevent or decrease deterioration of cognitive function.

Christmas Specials
Offer Ends December 31, 2009
(Restrictions Apply. Specials not valid with medical diagnosis, other discounts, sale items, and most insurance plans)

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• Adults (established) \$115
• Adults (new) \$145
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Todd Hovis, MD COLUMBUS 979-732-5771	Lori J. Learned, MD KATY 281-829-3937	Arun G. Nayar, MD LA GRANGE 979-968-3953	Hanh M. Nguyen, OD SEALY 979-885-0665
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EQUIPPERS OUTREACH FELLOWSHIP INTERNATIONAL: 200 N. College, Weimar, Texas 78962; 979-725-8233; Pastor Jerry Adkins.
GREATER RISING STAR BAPTIST CHURCH: 580 Old Altair Road, Eagle Lake; Rev. Truman Scott Sr., Pastor; 234-2423 or 758-3745.
GREATER UNION BAPTIST CHURCH: Matthews Community; Co. Rd 141; Rev. Lawrence C. Robertson, Pastor; 234-2581.
MT. CARMEL MISSIONARY BAPTIST CHURCH: Hwy. 90-A (Pecan Valley), Eagle Lake; Rev. H.O. Williams, Pastor; 234-5813.
LIVING HOPE CHURCH: Eagle Lake; Revs. Joe and Mercy Fling; 234-5536.
BEREA CLADIC: 623 Maple Avenue, Eagle Lake; 234-2130.
ROCK ISLAND FULL GOSPEL: P.O. Box 232, Rock Island; 234-5840.
CHRISTIAN CITY FELLOWSHIP: 1140 Meyer, Sealy; Rusty Griffin, Pastor.
THE DAY OF PENTECOST APOSTOLISTIC REVIVAL RISING STAR: FM 102 South, Matthews; 4 p.m. (at Mt. Zion), Rev. R.L. Carter Sr.
GREATER NEW FAITH CHURCH: 6406 Gulyer, Wallis; Rev. Clay Spears, Pastor; 979-478-2169.
EAST BERNARD FIRST BAPTIST
FIRST BAPTIST: 527 N. Lake, Eagle Lake; Rev. Kevin Collison, Pastor; 234-2571.
FRIENDSHIP BAPTIST: 405 S. Lake, Eagle Lake; 234-5795.
IGLESIA BAUTISTA GETSEMANI: 901 B Street, Eagle Lake; Rev. Mario Vasquez.
GREATER MT. OLIVE BAPTIST: Rev. Dave Curry; 709 N. Lake, Eagle Lake; 234-3545.
WRIGHT GROVE BAPTIST: Rev. T.J. Cunningham Jr.; Altair.
PROVIDENCE BAPTIST: 1207 Seaholm, Eagle Lake; Rev. Coby Shorter Jr.; 234-3735.
CHRIST EPISCOPAL CHURCH: 306 E. Stockbridge, Eagle Lake; 234-3437.
ROCK ISLAND BAPTIST: Bob Allison, Pastor.
SHERIDAN FIRST BAPTIST: FM 2437, 234-3136.
WHITE CLOUD BAPTIST CHURCH: 202 Old Altair Road, Eagle Lake; Rev. Obie Rhodes, Pastor; 234-3800.
JESUS IS MY REFUGE: 115 N. McCarty, Eagle Lake; Rev. Diana Aguilera.

Rotary Club Reports On Recent Meeting

The Rotary Club of Eagle Lake held their weekly meeting on Wednesday December 2, at 7:15 a.m.

The weather was nice and cool.

This was the day for the official visit by the District 5890 Governor, Dr. Ed Charlesworth. Assistant Governor Jo Yount from Brenham was in attendance and she is always a breath of fresh air.

The club president greeted the governor with a few remarks about their first meeting at the President Elect Training Seminar in Fort Worth.

The president jokingly stated that he knew he was in trouble

when, at first meeting, the governor, a psychologist, started asking him if he had had a happy childhood.

The president gave a basic introduction but refused to read the governor's resume' because it had big words in it.

Dr. Charlesworth spoke of the great things Rotary is doing all over the world. Polio is almost totally eradicated and that is a great thing.

He reminded the members that in this day and time, one person getting on an airplane can bring this dreaded disease back to America at anytime and that is why it is so important that we keep

up the effort until the job is done.

He told of the massive effort Rotary has engaged in to guarantee a safe water supply in places where thousands of children have to resort to digging through dumpsters and city dumps just to find something to eat.

Dr. Charlesworth is a very inspiring speaker, a great humanitarian and District 5890 is very fortunate to have him as our governor.

Most members of District 5890 know, however, that his wife Robin is the fuel that makes that motor run.

It is the custom of Rotary that when the District Governor

visits a club, that club's President presents the Governor with a gift representative of the area.

As Eagle Lake is known as "The Goose Hunting Capital of the World" the President presented the Governor with a framed copy of a recipe for Goose Liver.

The Rotary Club of Eagle Lake now extends an open invitation to the citizens of Eagle Lake to join them for coffee and pastries at 7 a.m. on Wednesdays at the Community Center.

An RSVP to eaglelakerotary@hughes.net would be appreciated and insure the availability of enough coffee and pastries.

Columbus Community Choir To Perform Sunday

Mark your calendars! The Columbus Community Choir will present our Christmas gift to the community on Sunday, Sunday December 13 at 4 p.m. in the Columbus High School Auditorium in the form of our 7th annual Christmas Cantata.

This years Christmas Cantata is "The Season of Joy". We invite everyone to come and join us

in celebrating this 2009 joyous season!

This Christmas, we wish to convey to you our joy and hope of the season and for the coming year through our musical Cantata.

The choir is 55 strong this year with numerous soloists including Stephen Girndt, Donna Gertson, Teresa Briscoe, Hattie Perrino, Ed Taylor, Mahlon Lighthill,

Stephen Spaniel, Jack Moore and Luna Marie Conwill.

A talented Instrumental Ensemble assembled and rehearsed by Eagle Lake's Floyd Spennath will accompany the choir.

Conducted by Merrill Luman and accompanied by Elaine Luman on the piano, this years Cantata presents some new and some old favorite tunes.

The choir singers come from

many communities and churches throughout Colorado County and as far away as Houston.

Beautiful Christmas Banners crafted by Robyn Adams and Do-reen Vail will lead the procession of singers into the auditorium.

Don't miss this sensational, uplifting, spirited Christmas Cantata Concert put on by your own friends and neighbors.

Disaster Assistance Available For Small Businesses

Small, non-farm businesses in 192 Texas counties and neighboring counties in New Mexico and Oklahoma are now eligible to apply for low-interest disaster loans from the U. S. Small Business Administration (SBA).

"These loans offset economic losses because of reduced revenues caused by drought, above-normal temperatures and associated wildfires that occurred in the following 69 primary Texas counties beginning January 1, 2009," announced Alfred E. Judd, Director of SBA's Disaster Field Operations Center - West.

Primary Texas counties: Angelina, Atascosa, Bailey, Bandera, Bexar, Brazoria, Brazos, Briscoe, Brooks, Burleson, Cameron, Castro, Clay, Colorado, Crockett, Crosby, Deaf Smith, Denton, Dimmit, Duval, Edwards, Fort Bend, Frio, Gaines, Galveston, Goliad,

Grayson, Grimes, Guadalupe, Hale, Hall, Hardeman, Harris, Haskell, Hidalgo, Hood, Houston, Jack, Jackson, Jeff Davis, Jim Hogg, Jim Wells, Kerr, Kimble, Lamb, Lavaca, Leon, Lynn, Madison, Milam, Mitchell, Montgomery, Palo Pinto, Parker, Parmer, Refugio, Robertson, Somervell, Starr, Swisher, Trinity, Walker, Ward, Webb, Wheeler, Willacy, Williamson, Zapata and Zavala;

Neighboring Texas counties: Anderson, Andrews, Aransas, Archer, Armstrong, Austin, Bastrop, Baylor, Bee, Bell, Borden, Bosque, Brewster, Burnet, Caldwell, Calhoun, Chambers, Cherokee, Childress, Cochran, Coke, Collin, Collingsworth, Comal, Cooke, Cottle, Crane, Culberson, Dallas, Dawson, Dewitt, Dickens, Donley, Eastland, Ector, Erath, Falls, Fannin, Fayette, Fisher, Floyd, Foard, Freestone, Garza, Gillespie, Gonzales, Gray, Hays, Hemphill, Hockley, Howard, Hudspeth, Irion, Jasper, Johnson, Jones, Karnes, Kendall, Kenedy, Kent, King, Kinney, Kleberg, Knox, La Salle, Lee, Liberty, Limestone, Live Oak, Loving, Lubbock, Martin, Mason, Matagorda, Maverick, McMullen, Medina, Menard, Montague, Motley, Nacogdoches, Nolan, Nueces, Oldham, Pecos, Polk, Potter, Presidio, Randall, Reagan, Real, Reeves, Roberts, San Augustine, San Jacinto, San

Patricio, Schleicher, Scurry, Shackelford, Stephens, Sterling, Stonewall, Sutton, Tarrant, Terrell, Terry, Throckmorton, Travis, Tyler, Upton, Uvalde, Val Verde, Victoria, Waller, Washington, Wharton, Wichita, Wilbarger, Wilson, Winkler, Wise, Yoakum and Young;

Neighboring New Mexico counties: Curry, Lea, Quay and Roosevelt;

Neighboring Oklahoma counties: Beckham, Bryan, Cotton, Harmon, Jackson, Jefferson, Love, Marshall and Roger Mills.

"SBA eligibility covers both the economic impacts on businesses dependent on farmers and ranchers that have suffered agricultural production losses caused by the disaster and businesses directly impacted by the disaster," Judd said.

Small, non-farm businesses, small agricultural cooperatives and most private, non-profit organizations of any size may qualify for Economic Injury Disaster Loans (EIDLs) of up to \$2 million to help meet financial obligations and operating expenses which could have been met had the disaster not occurred.

"Eligibility for these working capital loans is based on the financial impact of the disaster only and not on any actual property damage.

Getting Kids to Care About Current Events

Getting kids interested in the world around them sometimes can be tough.

While many parents have long been unsure how to properly address certain current events with their children, there's no denying recent efforts to reach young people and expand the scope of their world.

Here are some ways to make learning about current events appealing to children:

*** Make it a Family Function:** Combine quality family time with an opportunity to educate your children by coming together to watch the nightly news or read the local newspaper.

While it's important that parents filter the news slightly to make sure children aren't exposed to content for which they might not be ready, it's a great way for families to draw closer.

Be sure to participate in a dialogue afterwards and encourage children to ask questions.

*** Find Good Resources Online:** A number of media outlets have established online portals where children can learn about current events.

Companies like Nickelodeon, Time Magazine, the Washington Post, and Scholastic have created places where children can learn about the world.

The U.S. House of Representatives even established "Kids in the House," a Web Site where children can learn about America's legislative branch.

*** Check Your Library or Bookstore:** There are a variety of books available today that take potentially-difficult topics and explain them to children in age-appropriate ways.

Hankins' novel, "I Learned a New Word Today... Genocide" is one such example for readers as young as 10, while Art Spiegelman's "Maus" and Victoria London's "Lucy and the Liberty Quilt" are other nice choices

for kids.

*** Start a Group and Become Active:** There are many current events discussion groups in communities across the country where young people join to discuss issues.

If you can't find one in your community, consider starting one.

By partnering with similar groups and even writing to your congressman or town officials, you can tap more directly into the places where policies take shape.

*** Turn it into Games or Projects:** Educators encourage families to make current events fun.

While combing through the newspaper, children can compile a scrapbook or piece together a collage composed of articles that matter to them.

Family and friends can come together to act out sketches based on current events.

Bible Verse of The Week

O Lord, you are my God. I will exalt you. I will praise your name, for you have done wonderful things; your counsels of old are faithfulness and truth.

Isaiah 25:1

Submitted by Donna Samora

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NEW LIFE FELLOWSHIP: Hwy. 90A, Sheridan; Del Sanford, Pastor; 234-3276.
CHRIST OUR REDEEMER-Charismatic: Jerry C. McKinney, Pastor; 979-478-7534 or 478-6512.
HOLY CROSS CATHOLIC CHURCH: East Bernard.
CATHOLIC PARISH OF THE NATIVITY: Our Lady of Perpetual Help Sanctuary: 308 N. Stevenson, Eagle Lake; 8 a.m. (Spanish), 10 a.m. (English) 6 p.m. Saturday (English), Rev. Robert F. Guerra, P.O. Box 307; 234-2842.
ST. MARY'S CATHOLIC CHURCH: Box 97, Nada; Fr. Joe Vrana; 758-3218.
GRACE LUTHERAN: 408 N. Stevenson, Eagle Lake; Services begin at 11 a.m.; Rev. Bill Mosley, Pastor; 234-3381.
LEHRER MEMORIAL UNITED METHODIST: Garwood; 9 a.m. worship.
LIESSIE UNITED METHODIST: Rev. Janice Kerlee, Pastor; 234-2112, Lissie.
ROCK ISLAND METHODIST: Ken Sellar Jr. Lay-Pastor.
UNITED METHODIST: 200 W. Prairie; Sunday School 9:30 a.m., Worship, 10:45 a.m.
FIRST PRESBYTERIAN: 106 E. State Street, Eagle Lake; 234-3368.
VINE OF THE LORD: 1300 E. State Street, Eagle Lake; Rev. Paul Aguilar, Pastor; 234-7543.
CROSSROAD ASSEMBLY OF GOD: 510 Wallace, East Bernard; Pastor George Kutach; 979-335-7706.
THE CHURCH OF CHRIST OF LATTER-DAY SAINTS: 600 W. St., Sealy; Marshall Crosby, Branch Pres.
CHURCH OF CHRIST: 815 Milam, Columbus; Lynn Wilson, Minister.
THE SHEPHERD'S WAY: Interdenomination Christian Fellowship; 1225 Eagle Lake Road, Sealy, Frank Lucas, Pastor; 979-885-1225.
SOUTH POINT BAPTIST CHURCH: 6407 Hwy 71-S, Garwood; 979-758-3039.
BIBLE TRUTH APOSTOLIC CHURCH: Corner of S. Wharton & E. First St., El Campo; Pastor Larry T. Smith, 979-543-2331, non-denominational.
MT. SINAI EVANGELICAL MINISTRIES: 510 Prairie St., Eagle Lake, Rev. Thomas E. Kuykendall, pastor/founder. 979-234-3259